INSTRUCTIONS PRIOR TO YOUR IV SEDATION ORAL SURGERY

1. **Absolutely NO EATING OR DRINKING (INCLUDING WATER) 8 HOURS PRIOR TO YOUR APPOINTMENT TIME. If it's a morning appointment NOTHING TO EAT OR DRINK after midnight, the night before your scheduled surgery**.

2. You must be accompanied by **ONE** responsible adult, that you know and trust that's licensed and prepared to drive you home and care for you the day of your surgery. They need to **WAIT FOR YOU** in the **waiting room** during your surgery. Most surgeries last approximately one hour. When your surgery is finished you will need a minimal amount of time to awaken and recover, then you will want to go home and relax and start on your pain medication. The sooner you eat something to coat your stomach and take your pain medicine, the more comfortable you will be after surgery.

3. Wear loose, comfortable clothing with a top that has **short sleeves**. We will be placing monitors on your arms and starting the I.V. in your arm. **AVOID WEARING ANY NAIL POLISH** and nails need to be short length for the day of surgery, as this will interfere with the monitoring system.

4. **Leave jewelry** and contact lenses at home (otherwise remove them prior to your surgery). Women need to wear flat closed **shoes without heels, hair tied back**. **NO SANDALS OR FLIP FLOPS** (you will be wobbly from the medication given).

5. Good oral hygiene is essential for proper healing. **Brush and floss your teeth BEFORE surgery**. Do not smoke before and after your surgery, the residue from the smoke stays on your teeth and gums, interfering with healing.

6. **Do not** take aspirin or aspirin compounds, **diet pills**, or fish oil for two weeks prior to your surgery.

7. **Arrive 15 minutes early**. Bring your surgical fee on the day of surgery and complete your financial arrangements with the secretary prior to surgery. You will not be alert enough to handle financial arrangements after surgery.

8. Avoid **smoking, alcoholic beverages, and any recreational drugs INCLUDING MARIJUANA** for at least a week prior to general anesthesia for your own safety and protection. Use of recreational drugs prior to general anesthesia **could be life threatening**.

9. **Prescriptions will be sent to the pharmacy on the day of your consultation; you will have 5 days to pick them up.** Have your prescription ready at home BEFORE your surgery appointment. Make sure you have plenty of liquids and soft cold food (mashed potatoes, cottage cheese, milkshakes, pudding, yogurt, etc.) **ready at home after your surgery.**

If you have ANY QUESTIONS, please call our office prior to coming in. we will be happy to explain.